GENERAL PRACTICE TRAINING GUIDANCE

FOR GP SPECIALTY TRAINING REGISTRARS (GPSTR)

August 2013
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This guide follows RNIB’s clearprint guidelines. If you have additional accessibility needs we can provide you with the document in electronic format. We welcome your input with suggestions to develop this document further (please email ntafa@kss.hee.nhs.uk).

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INTRODUCTION
If you have joined us in the Health Education Kent, Surrey & Sussex, (HEKSS) KSS GP School, then welcome to your GP Specialty training programme.

We hope you will find your time in your training programme, both in hospital and as a GPSt Registrar in a Training Practice, both exhilarating and inspiring. We also hope that, with your hospital Clinical Supervisors and your GP Trainer (Educational Supervisor) you will develop an enthusiasm and an interest which will sustain you throughout your career as a GP.

GP Specialty Training in the HEKSS (Deanery) is overall subject to the criteria, requirements and guidance of the GMC, the RCGP, and those described in the MMC ‘A Reference Guide for Postgraduate Medical Training in the UK’ (commonly known as the Gold Guide)
This document has been created to guide you through the requirements of your GP training.

Employment of GP Trainees

IMPORTANT NOTE
In 2011 HEKSS (Deanery) commenced a pilot for a Single Lead Employer Acute Trust (SEAT) process for GP Trainees to have one employer (the Acute Trust) throughout their GP Training Programme. The outcome of this pilot was successful and beneficial to GP trainees, Acute Trusts and GP Training Practices. As a result of this successful pilot this process is now in its third year.

If you are a GPST1 trainees commencing in a KSS GP Training Programme in August 2013 (with the exception of Epsom trainees) you will be employed under the lead Single Employer Acute Trust arrangement, as will I those trainees whose contract with the Acute Trust commenced from 2011. This means that you will be employed by the Acute Hospital Trust for all of their placements in the training year.

Trainees NOT employed in the Single Lead Employer are all GP ST trainees in Epsom and any GP trainees who commenced their training prior to August 2011 and may still be in training due to less than full time training or for having taken periods of leave.

GP trainees who are not employed under the Single Lead Employer arrangements will be employed by the organisation where the training placement has been organised. Although while you are in hospital, psychiatry or hospice posts (in ST1 and ST2) you are employed by that organisation, the HEKSS GP School is here to ensure that your training experience is of a high standard and appropriate for General Practice. When you are in a GP Practice placement you will be employed by the GP Training Practice.
We have highlighted in this handbook areas where there may be different processes depending on whether you are employed by the Single Lead Employer Acute Trust or the organisation in which the posts is taking place. This is noted by the (**) symbol after the relevant text. If you are unclear of any of the processes please check with your Employer.

**THIS HANDBOOK IS A GUIDE AS TO WHAT YOU CAN EXPECT DURING YOUR TRAINING. IT IS UPDATED ANNUALLY** You are advised to refer to the latest web version throughout your three year training programme as changes will be made. The footer tells you which version you have.

**YOU SHOULD ALSO REFER TO YOUR EPORTEFOLIO FOR ALL DATES AND DOCUMENTATION, AS THIS WILL ENSURE YOU ACCESS THE CURRENT INFORMATION. YOU SHOULD ENSURE THAT YOU READ ANY MESSAGES ON THE EPORTEFOLIO AND KEEP AN EYE ON THE RELEVANT WEBSITES (E.G. KSS GP, RCGP).**

This information pack has been created by the HEKSS GP School GP training office with the support of a number of former GPS1 Registrars and seeks to help GPS1 Registrars and GP Trainers (Educational Supervisors) to understand the purposes and process of the MRCGP and final certification, and to help you integrate this requirement into the General Practice training period. It is common to use acronyms in this kind of guidance, and you will find a Glossary list of common acronyms at the end of this document.

**Who’s Who**

During each secondary care post you will have a **Clinical Supervisor** who will be one of your hospital Consultants in that post.

Your clinical supervisor will be responsible for ensuring that appropriate clinical supervision of your day-to-day clinical performance occurs at all times. In addition your clinical supervisor will:

- Meet with you regularly throughout the placement
- Provide feedback which may be obtained by direct observation and from gathering the views of others working with you.
- Undertake some but by no means all of your assessments required in that speciality

For the duration of your programme you will also have a **GP Educational Supervisor**, who will be a local **GP Trainer**. Educational Supervisors are responsible for overseeing training to ensure that trainees are making the necessary clinical and educational progress. In addition your educational supervisor will:

- Meet you regularly throughout each of your training programme
• Provide regular appraisal opportunities and completion of formal reviews
• Provide feedback on your overall progress

In ST1 or ST2 you will have a four month GP placement. This may be in the practice where your educational supervisor works or another gp practice. Where you are working in the same practice as your Educational Supervisor they will also take on the role of clinical supervision. Where you are based in a different practice to your Educational Supervisor you will have a GP Trainer in that practice who will act as your Clinical Supervisor.

When you enter ST3 (your final GP training year) and any GP placements in your ST1 or ST2 year your GP Trainer will be both your Educational Supervisor and Clinical Supervisor (though other members of the Practice team will normally be able to provide Clinical Supervision in addition to this).

The local **GP Training Programme Director(s)** will put you in contact with your Educational Supervisor.

If you have concerns about your education and training that cannot be dealt with by your Clinical Supervisor, then your Educational Supervisor is there to offer help and support. In addition, each GP Specialty Training Programme has two or three GP Specialty Training Programme Directors who are employed by the HEKSS to support and facilitate the running and delivery of the training for the whole Programme for that area. The Programme Directors will organise your training programme placements throughout your three year Programme.

Each programme area is part of a larger geographical patch, normally two per county in KSS, which is supported by an **Associate GP Dean** who is part of the central HEKSS GP School led by the **Dean of Postgraduate GP Education** and the GP School is led by the **Head of the GP Specialty School**.

In each Postgraduate Medical Education Centre (normally located at each main Trust Acute Hospital) there is a **Medical Education Manager (MEM)** who will often be your first contact for any concerns and sharing of information. In some locations, there will also be an administrator who assists the GP Specialty Training Programme.

The Health Education KSS GP School Office is located near London Bridge station in Bermondsey Street.
HEKSS GP School – how to contact us

The KSS website [http://kssdeanery.org/gp-trainees-resources/general-practice](http://kssdeanery.org/gp-trainees-resources/general-practice) will keep you updated on local information, training days and courses approved for GP training. The National GP Recruitment Office, RCGP and KSS websites are regularly updated and any comments and suggestions you have for their improvement would be welcomed and should be sent to the HEKSS , GP Department, info@kss.hee.nhs.uk.

If you have any questions or would like further information please contact:

**GP Training Manager – Nina Tafa, ntafa@kss.hee.nhs.uk or**

**GP Training Officer – David Buckle, dbuckle@kss.hee.nhs.uk**

Health Education KSS, Dept of General Practice Education, 7 Bermondsey Street, London SE1 2DD
Tel: 020 7415 3439
Fax: 020 7415 0049

The GP School Office is normally open on weekdays from 9am to 5.30pm. The office is closed between Christmas and New Year and on Bank Holidays.

Contacts in the HEKSS GP School

Professor Abdol Tavabie, Dean of Postgraduate GP Education & Deputy Dean Director atavabie@kss.hee.nhs.uk
Dr Hilary Diack, Head of KSS GP Specialty School & Deputy GP Dean hdiack@kss.hee.nhs.uk
Dr Susan Bodgener, Associate GP Dean for MRCGP Assessment sbodgener@kss.hee.nhs.uk
Dr Glyn Williams, West Sussex, Associate GP Dean gwilliams@kss.hee.nhs.uk
Dr Mary-Rose Shears, East Sussex, Associate GP Dean mshears@kss.hee.nhs.uk
Dr Kim Stillman, East Kent, Associate GP Dean kstillman@kss.hee.nhs.uk
Dr Debbie Taylor, West Kent & Medway Associate GP Dean dtaylor@kss.hee.nhs.uk
Dr Chris Warwick, East Surrey (& Crawley) Associate GP Dean cwarwick@kss.hee.nhs.uk
Dr Bob Ward, West Surrey Associate GP Dean bward@kss.hee.nhs.uk

Ms Nina Tata, GP Training Manager (regarding Assessments, ARCPs and Training) ntata@kss.hee.nhs.uk & Mr David Buckle, GP Training Officer dbuckle@kss.hee.nhs.uk

Ms Elena Gonzalez, GP Training Recruitment Manager (regarding training placements, LTFT training), egonzalez@kss.hee.nhs.uk & Sultana Parvez, GP Training Officer, sparvez@kss.hee.nhs.uk
Some useful web-links and addresses

The RCGP moved its headquarters in September 2012 to 30 Euston Square, London. Please refer to the College website for more information.

The RCGP website address is:
http://www.rcgp.org.uk

The Electronic Portfolio Page to log in via the RCGP website link:
https://ePortfolio.rcgp.org.uk/login.asp

When applying to register with the RCGP use the web link:
http://www.rcgp.org.uk/ait

Royal College of General Practitioners (RCGP) Certification Unit:
www.rcgp.org.uk/gp_training/certification/contact_details.aspx

IMPORTANT INFORMATION BEFORE YOU START GP SPECIALTY TRAINING.

Please read the following sections carefully:

- Ensure your GMC Registration is current
- Register on GMC Connect with the designated body of HEKSS (Professor David Black will be your Responsible Officer)
- Contact your Programme Directors and Clinical and Educational Supervisors
- Complete an Enhanced Form R -See guidance below
- Contact the HR department at your Acute Trust (both Single Employer Contract Trainees and Epsom Trainees)

- Before starting the GP placement (two months before)
  - Disclosure and Barring Service Certificate – please see later
  - Contact the GP Training Recruitment Manager as you will need to complete an SEGPR1 form which relates to the release of your salary in the GP placement. Forms are obtainable from sparvez@kss.hee.nhs.uk.
  - Ensure you have appropriate Medical Indemnity insurance -See guidance below
  - Register on the National Performers List

- Hepatitis B vaccination must be up to date and immunity checked (Occupational health assessment is required for all trainees. This will be done by the Acute Trust. For Trainees on the Single Employer Contract and via the HEKSS Occupational Health for those trainees not employed by the Practice)
The National Performers List

From the 1st April 2013 a unified National Performers List (NPL) for England has replaced the individual PCT Medical Performers Lists (MPL) (http://www.legislation.gov.uk/uksi/2013/335/made). To work in a general practice training placement as a GPStR, you are required to have “inclusion” on to the English NPL and this does not allow a trainee on either of the three other UK National lists to work in England without first applying and being “included” on the English NPL.

The National Performers List website which contains information about registration for “inclusion” and the application form can be found at (http://www.performer.england.nhs.uk/).

Applying for Inclusion onto the English NPL

When you apply to go onto the GP NPL (for the first time) you will need to go to the “Performers” section of the website and enter your postcode which will direct you to the appropriate Local Area Team responsible for dealing with your application.

Trainees with a current registration address in England

Applications should be made in person to the Operations Department of the NHS England Local Area Team. Locality is determined on the practice where you plan to undertake the majority of the work which requires you to be on a performers list;

Disclosure and Barring Service Certificate:

https://www.gov.uk/government/organisations/disclosure-and-barring-service

You will be required to provide a DBS Enhanced Disclosure Certificate if it was issued within the last 3 months, or a PIN for update or Fee and Form to enable a check to be undertaken. This currently should take no longer than 4 weeks.

Applicants who cannot provide UK residency details for the last 5 years must undergo a Police Home Check. This is arranged by contacting your own Home Office or Embassy.

Outcomes from Application

A trainee, who has applied in accordance with the Regulations to the Board for inclusion in the medical performers list, may perform primary medical services, despite not being included in that list, until the first of the following arises—

The date on which the Board notifies that trainee of its decision on the application for inclusion; or

The end of a period of 3 months, starting with the date on which that trainee begins a training scheme.

PLEASE NOTE: This process can take up to 8 weeks and should be started as soon as possible. You should make contact with your intended training practice well before you are due to start with them to allow time and ensure that they are aware and involved in this process.
**Medical Indemnity**

Different arrangements have applied to working in hospital and in general practice. If you are working in the Hospital Trust they will organise your indemnity under the Crown Indemnity (CNST) for NHS Hospital Trusts. If you are entering a GP placement, you **must** have current cover from a medical indemnity organisation.

**For SEAT Employed GPStR trainees** HEKSS has made arrangements to pre-purchase discretionary medical indemnity for the benefit of all SEAT employed trainees through individual membership of The Medical Defence Union Limited (MDU) (the HEKSS/MDU Indemnity Arrangement).

The arrangement starts on 7th August 2013 and provides trainees annually (within their BBT programme) with:

- Medical indemnity support during your General Practice placement. You can request assistance with indemnifying for claims that arise from the normal practice of clinical medicine for HEKSS as a BBT trainee during this period, on an unlimited basis.

- Medico-legal advisory support during your secondary care* and General Practice placements. You can request advice from the UK’s largest team of in house medico-legal advisors, 24 hours a day and 365 days a year, for both your secondary care and General Practice placement activities during this period.
  
  *outside this arrangement trainees would normally fund this additional support for secondary care placements themselves.

- Education support during your training. You can receive tailored face to face and on line educational support from the MDU for your professional developmental needs in addition to that provided by your training programme.

Details of the benefits available to you through membership of the MDU under this arrangement are shown in the member guide on [http://www.themdu.com/~/media/Files/MDU/Admin/Member%20guides/MDU%20Member%20Guide.pdf](http://www.themdu.com/~/media/Files/MDU/Admin/Member%20guides/MDU%20Member%20Guide.pdf)

Your payment for the MDU Indemnity Arrangement will be paid on your behalf by HEKSS GP School once you have completed the on-line form [http://kssdeanery.org/form/medical-indemnity](http://kssdeanery.org/form/medical-indemnity). You may, however, decide to take out appropriate medical indemnity with an alternative provider, or elect to continue with your current indemnity provider (that is, not with the MDU). **You MUST organise this before you commence your general practice placement.** If you choose to opt out of the pre-purchase agreement with the MDU, HEKSS may consider reimbursing a nominal amount towards this alternative medical indemnity; you will be responsible for any additional cost.
It is YOUR responsibility to ensure that they have the appropriate medical indemnity for your GP placement. Details of how to subscribe to the SEAT KSS/MDU special indemnity package will be available on the web site: [http://kssdeanery.org/form/medical-indemnity](http://kssdeanery.org/form/medical-indemnity).

If you have a placement in a Hospice (Palliative Care), you should check with the Hospice how they organise the medical indemnity for trainees prior to starting and discuss this with your medical indemnity organisation, as some Hospices organise different arrangements.

**Registering with the Royal College of General Practitioners**

The MRCGP is in place to ensure that doctors who have achieved this have competence for independent General Practice and is the licensing exam for General Practice: without it you cannot gain your Certificate of Completion of Training (CCT) in GP.

All new entrants to GP Specialty training must register with the RCGP to enable them to access their ePortfolio in order to record their developmental progress and attainment of the mandatory assessments. Any doctor in GP Specialty training, whether in a hospital or a General Practice post, needs to collect evidence of their competence to practice as an independent GP from the start of their training. This will be done using the Royal College of General Practitioners (RCGP) portfolio (ePortfolio), and the evidence recorded will form part of the final assessment for the award of the MRCGP, and thus the evidence for certification for the RCGP. The RCGP is the certifying authority which will provide a Certificate of Completion of Training (CCT) if the doctor in training reaches the required standard of competence. The e-Portfolio will provide a location for doctors in GP Specialty training to record their learning experiences and assessments (further information on this below).

Before you start you **must register, via the link below**, to get a username and password.


**Completing the Enhanced Form R**

All Specialty trainees need to complete the Registering for Postgraduate Specialty Training (Enhanced form R), and this is a requirement for entering training and again prior to each Annual Review of Competency Progression. As a consequence you MUST remember to complete an Enhanced Form R prior to every annual review and other ARCP reviews which may occur as a consequence of time out of training or extensions to training. This form must be completed and returned with a passport size photo to the GP Training Manager. For ST1 trainees, your National Training Number (NTN), which is also essential for you to be registered with the RCGP, will be issued from the HEKSS GP School when your form is received. It is a requirement of the RCGP for the GP School to collect Form Rs and also to inform a revalidation recommendation by the Responsible Officer (RO) to the GMC.
Trainees are required to complete a Form R at the start of training and again for each Annual Review of Competency Progression. An email reminder will be sent to you each year before this is due.

The Enhanced Form R now collects information required to support the revalidation process and doctors in training are required to complete the self-declarations and provide further information on any unresolved significant untoward incidents or serious unresolved complaints. (See the section on Revalidation later in this document.)

**Contacting your GP Educational Supervisor (GP Trainer)**

Your Educational Supervisor (ES) will provide your educational support and monitor your progress through your training. The Educational Supervisor will be a GP Trainer, and your GP Programme Director will organise this for you. If possible you will have the same ES throughout your training, and they will be your GP Trainer in your last year, however you may have more than one ES.

If you are entering your ST3 training year or if you are about to commence a GP training placement in your ST2 training year, it is especially important to contact the GP Trainer. You will need to complete a form **FPGPR1 or SEGPR placement form** for trainees employed under the Single Employer arrangement that will have been sent to you by the HEKSS GP School which, where appropriate, must be completed by you and your Educational Supervisor and returned to the GP School Office prior to starting at the Practice.

**Honorary Contract**

Trainees employed under the Single Employer Acute Trust: Whilst your employer for the duration of programme is the Acute Trust you would be required to sign an honorary contract in your general practice placement.

**GP placements during GP Specialty Training**

Your final year (ST3) will be spent entirely in a GP placement. You may also experience a four month GP placement in your ST1 and ST2 years. One of these posts may be an Integrated Training Post, in which you will be based in GP but also experience an attachment to a hospital specialty. Your post rotation and thus placements in GP will be organised by your Programme Director.

Prior to starting any GP post, you will need to complete a form FPGPR1 (**trainees employed under the Single Employer process will complete an SEGPR1 form**) that will have been sent to you by the HEKSS GP School Office. This must be returned to the office prior to you starting your placement at the Practice. This will include a questionnaire that you will send to the Occupational Health Department (please note that those GPST1 trainees who commenced in a GP Training Programme since August 2011 (with the exception of Epsom ST1 trainees), who are part of the Single Lead Employer will receive
their Occupational Health clearance through their employing Acute Trust.

You will need to meet your GP Supervisor to discuss your introduction to General Practice and to have a preliminary look at major educational needs and wants. The GP Supervisor will normally give you an introductory/induction pack to enable you to orientate and establish yourself in your new team and location. Your GP Trainer, or more usually, the Practice Manager, will discuss with you all the logistical arrangements for you to commence your GP year. Again, this should be organised at least a month before you start, preferably longer.

**Induction Days – Hospital ST1 ST2**

You must attend the Induction Programme arranged for new employees to a Trust.

For all trainees entering in August 2013 as your employer is the Acute Trust you must attend this training even if your first placement may be outside of the Acute Trust in a Mental Health Trust, Hospice, other community setting or General Practice.

You will also be expected to undertake Induction in the Department in which you are working.

Your GP Specialty Training Programme Director will input into this or arrange a further induction day for GPStRs to provide an overview of GP Specialty training, the programme, use of the e-portfolio and assessment strategy.

Your GP Practice will also arrange a site specific induction to help you settle into the Practice environment.

The HEKSS GP School has developed a series of helpful e-learning packages “Trainees Starting GP” (which is an introduction to GP specialty training in KSS) that can be accessed via the e-Training for Trainers (etft) website [http://www.etft.co.uk/index.php?option=com_content&view=article&id=93](http://www.etft.co.uk/index.php?option=com_content&view=article&id=93). This provides you with a useful introduction to registration with the RCGP, the GP curriculum, Learning Logs & PDPs, The Educational Supervisor Review & the ARCP. You should register your details on the “ETFT” site to be able to receive your certificate of evidence of course completion which you can upload to your e-portfolio. Other e-learning modules are available; please see further details below and details available on the HEKSS web page [http://kssdeanery.org/kss-e-learning-modules](http://kssdeanery.org/kss-e-learning-modules).

**A BRIEF OVERVIEW OF GP TRAINING OVER 3 YEARS**

Over the course of at least three years of training in General Practice you will work to attain the MRCGP, which is now the licensing exam for entering General Practice. The regulatory body is the
GMC who will issue you with a CCT after successfully completing the training programme (or a CEGP for those GPStRs who passed the RCGP exams after their training was complete and they no longer have a national training number). The GMC at present requires no less than 12 months in approved hospital training posts and no less than 12 months in a GP training Practice in an overall programme that must be no less than three years.

The RCGP will need evidence of the successful completion of training in all of the posts and the satisfactory completion of the MRCGP. This will enable the RCGP to issue a CCT. The RCGP provides information about the MRCGP which you should read. 

**MRCGP**

The MRCGP is an integrated assessment package, made up of:

- E-Portfolio requirements on learning logs, and PDPs
- Applied Knowledge test (AKT)
- Clinical Skills assessment (CSA)
- Workplace based assessment (WPBA) which includes:
  - Case-Based Discussion (CbD)
  - Consultation Observation Tool (MiniCEX in ST1 and ST2 and CoT in ST3)
  - Direct Observation Procedural Skills (DOPS) and trainee self-rating skills log
  - Multi-Source Feedback (MSF)
  - Patient Satisfaction Questionnaire (PSQ)
  - Clinical Supervisors reviews
  - Educational Supervisor reviews

These assessments are based around competencies derived from the GP curriculum.

The MRCGP has a large component of workplace-based assessment and you must update your results with these and the learning you have undertaken on your electronic portfolio throughout the 3 years. This ePortfolio will allow you to demonstrate your progress in achieving the competences expected in the GP Curriculum and required by the MRCGP.

**Learning Logs**

This is an essential part of the evidence you will offer on your e-Portfolio. There is a guide to the requirements for this – *A guide to completing the e-portfolio learning logs.*
http://kssdeanery.org/general-practice/trainees/mrcgp-and-eportfolio
In summary:

- Generally a minimum of 2 entries must be included per week within the learning log. These need to be heavily weighted to real-life experienced clinical encounters where you can demonstrate reflective learning from the encounter. If training less than full time, the requirement is one reflective entry per week.
- One significant event in every 4-month post in GP.
- Following each hospital post a concise summary of the main learning points, including reflections on the learning achieved, how this will relate to a career in General Practice and further learning you may need within this specialty.
- In ST3 an audit must be completed and this needs to be completed before the annual review (these normally occur 2 months before the end of your training time) – see below.
- Any learning which you identify following your learning log entries or assessments needs to be documented within the Personal Development Plan on the ePortfolio.

**Personal Development Plan**

This is also an extremely important part of your e-Portfolio. It is also something you will be required to do every year as part of your annual appraisals, so it is a good opportunity to practice.

Each PDP entry needs to follow the SMART criteria – Specific, Measurable, Achievable, Relevant and within a specified Time line. So for each 4 month rotation in ST1 and ST2, you need to identify something you didn’t know which is relevant to the post you are working in and complete this learning, documenting how you achieved it before the post is complete. In ST3 the expectation is that you will also document and complete 3 PDPs, which need to be something relevant to workplace learning.

Your Educational Supervisor when they do your reviews – see later, will also be adding to your PDP, but this is in addition to above.

**Educator Notes**

This is another useful section on the ePortfolio and it is a way your ES has with communicating with you, either to remind you of your ePortfolio requirements and meetings or for them to document learning objectives following tutorials / conversations. On the main page of your ePortfolio you will be able to see if an educator note has been added.

**Additional Training Requirements**

HEKSS has additional requirements that need to be undertaken during each training year and needs to be evidenced within the RCGP ePortfolio:
Safeguarding Children training – level 1, 2 & 3, please refer to the KSS policy document on the resources section of the website. http://kssdeanery.org/general-practice/resources-gp-trainees/forms-guidance-handbooks-amp-policies. Trainees need to ensure that by the end of their ST3 year they are up to date with level 3 training.

Equality & Diversity Training – trainees must be trained at the beginning of the ST1 year – the training is provided through the Trust. The training is valid for three years.

GMC Survey – all trainees in each training year are expected to take part in the National GMC Training Survey. It is a professional duty for all trainees to feedback about the quality of their training in this way, as is stated in the *Gold Guide* Para 7.32 “[doctors] must take part in systems of quality assurance and quality improvement in their clinical work and training (e.g. by responding to requests for feedback on the quality of training, such as the National Trainee Survey)”.


GP trainees in KSS (similar to all specialty trainees) must have evidence in the ePortfolio of a leadership experience. See the KSS form on the website. http://kssdeanery.org/general-practice/resources-gp-trainees/forms-guidance-handbooks-amp-policies

In ST3, you should aim to do something practical demonstrating your leadership skills and for this to be recorded in your learning log.

### Overview of Timing of Assessments in ST1 and ST2

<table>
<thead>
<tr>
<th>Assessment</th>
<th>August</th>
<th>December</th>
<th>April</th>
<th>August</th>
<th>December</th>
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<tr>
<td>ST1</td>
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<tr>
<td>CS Or other trained Clinical staff</td>
<td>MSF - 5 replies</td>
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<td>2 CBD</td>
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Please note that if any of the 4-month posts in the first 2 years of the programme include a General Practice placement then a Patient Satisfaction Questionnaire is also required. Only 1 PSQ is needed if you have a General practice post in both your ST1 and ST2 years.
In addition to the above, NODAL reviews of your Progress are done by your Educational Supervisor (ES). These occur at 6 months and 11 months into each training year. ST3 6 months & 10 months.

At this review, your ES will use your ePortfolio to look at the learning log, curriculum coverage, the assessments you have done and your self-rating logs. See below.

The assessments and Clinical Supervisor’s review MUST be completed for the Educational Supervisor’s review or you will be considered to have been performing unsatisfactorily.

COT = Consultation observation tool
CBD = Case-Based Discussion
MCEX = Mini Clinical Evaluation Exercise
DOPs = Directly observed procedure (8 compulsory up to 9 optional)
CSR = Clinical Supervisors report (one required for each post)
MSF = Multi-Source feedback
PSQ = Patient satisfaction Questionnaire
AKT = Applied Knowledge test (Like an MCQ)
CSA = Clinical skills assessment = a clinical examination with simulated patients
MSF in ST1 is done twice and includes a minimum of 5 replies each time which are clinical
MSF in ST3 is done twice and includes a minimum of 10 replies each time – 5 clinical and 5 non clinical

As stated above, the RCGP website has a lot of useful information about the assessments for MRCGP

HEKSS e-Learning Modules to Support GP Trainees

The HEKSS GP School has developed a series of e-learning modules which will help support GP Trainees during their training programme. Trainees should register their details on the e-Training for Trainers website, complete the courses and upload the certificate to their e-portfolio. These can be accessed via the e-Training for Trainers website http://www.etft.co.uk/

GP Specialty training e-learning modules are:
Trainees Starting GP (Induction)

Workplace Based Assessment

- Introduction
- DOPS
- Mini-CEX
- COT
Communication Resource Library of Podcasts

The HEKSS GP School has developed a Communication Resource library of podcasts. Communication skills are integral to working as a GP. The CSA requires the integration of the doctor’s medical agenda with the patient agenda supported by appropriate, effective verbal and non-verbal communication.

A resource pack has been developed by HE KSS to support GPStRs and equip GP Trainers and Programme Directors with information on different styles of consultations that can be used in one to one or group tutorials with GP Speciality Training Registrars in all stages of their training (ST1, ST2 and ST3).

The pack comprises of three resources:
A power point presentation on consultation models
A booklet exploring Consultation models in more depth “Talking with Patients” developed by Dr Bill Bevington. This explores doctor and patient centred approaches and the disease v illness models. Trainees should approach their Trainer or PD who will go through a series of video clips which should assist discussion about style of consultation with a series of questions to help the GPStR explore the most appropriate approach to consultation with their patients.
Assessment Flow Chart of ST3 Year in General Practice

Month 1-6

6 CBD
6 COT

MSF

Month 6-10

6 CBD
6 COT

MSF PSQ
AKT CSA

6 month Nodal Review

10 month Nodal Review

Ensures you are on track to completing your assessments, covering the curriculum and completing self-assessment logs

Completed ePortfolio

THE GP CURRICULUM

Royal College of General Practitioners - RCGP Curriculum Site: Curriculum

The Royal College of General Practitioners (RCGP) has produced a comprehensive and valuable Curriculum for the 3 years of GP Specialty training programme, which has been recently updated, so this revised version will be used for GP trainees commencing their training from August 2012. We hope that you will refer to this to establish your learning needs in each of your hospital and GP placements. Consultants will have access to the curriculum, and will be encouraged to be aware of those areas pertinent to their own specialty. It will be very helpful to discuss your specific learning
needs as an intended GP as they will be supervising trainees in their specialty as well as GP. The GP School has made available a Guidance for GP Curriculum learning outcomes and their assessment in Hospital Specialty Posts. This is available on the website: [http://kssdeanery.org/general-practice/trainees/forms-guidance-handbooks-policies/gp-specialty-training-curriculum](http://kssdeanery.org/general-practice/trainees/forms-guidance-handbooks-policies/gp-specialty-training-curriculum).

The best way to access the curriculum is via the RCGP website: [http://www.rcgp.org.uk](http://www.rcgp.org.uk).

It would be a pity if you got to the end of your job and only then realised what you should/could have learnt (if only you’d known!). So look at the curriculum at the beginning of each job to orientate yourself and discuss it with your Educational Supervisor. Help your Clinical Supervisors mould your teaching to the curriculum and your learning needs. Most teachers like a curious learner!

The Different Assessments in the MRCGP

**Applied Knowledge Test (AKT)**

- A 3-hour, 200-item multiple choice paper
- This is sat at a computer terminal at an invigilated test centre
- It is an assessment of the knowledge base that underpins independent General Practice across the United Kingdom. It tests your ability to recall and apply relevant knowledge
- 80% of the questions are on core clinical medicine and its application to problem solving
- 10% on critical appraisal and evidence based clinical practice and
- 10% on Health Informatics and the Organisational structures that support General Practice
- Examples of the types of questions you might get are available on the RCGP website
- It is recommended you wait until the ST3 year. A pass will be valid until a CCT is awarded
- You apply for the AKT through the RCGP website
- The number of attempts the AKT may be undertaken is limited by the RCGP

**Clinical Skills Assessment (CSA)**

“The ability to apply and integrate appropriate clinical professional, communication and practical skills in General Practice”.

This assessment is run by the RCGP and will take place a minimum of three times a year. It will be held at the RCGP headquarters at 30 Euston Square, London. It is a “live” assessment of your consulting skills using simulated patients. There will be 13 consecutive consultations, each lasting 10 minutes. The assessment looks at your ability to consult using cases which have a pre-determined standardised level of challenge. These reflect consultations that you could have in a normal daily surgery, but which allow the assessor to make an objective measurement of your behaviour. You will be expected to complete as much of the consultation as you can in 10 minutes. You will be stopped at that point if you have not finished. You will be able to practice the skills required with your GP.
Trainer throughout your GP attachments.

Again these cases are linked to the GP curriculum topic areas. The assessment is graded across 3 areas

- Data Gathering, Technical and Assessment Skills
- Clinical management Skills and
- Interpersonal Skills

Again it is recommended you complete 6 months in General Practice before applying for the CSA. More details are available via the RCGP website, where you can also apply within a GP Training Programme.

The RCGP limit the number of attempts at the CSA examination.

**Workplace-Based Assessment (WPBA)**

The RCGP has developed detailed descriptions of the competencies required of a GP: see the RCGP website. It is important to read them.

The GP School has developed a series of e-learning modules which will help support GP Trainees during their training programme. Trainees should register their details on the site complete the courses and upload the certificate to their e-portfolio. These can be accessed via the e-Training for Trainers website [http://www.etft.co.uk/](http://www.etft.co.uk/)

**General Practitioners’ Competencies:**

- Communication and Consulting skills
- Data Gathering and Interpretation
- Clinical Management
- Primary Care Administration and IMT
- Community Orientation
- Maintaining an Ethical Approach
- Practicing Holistically
- Making a Diagnosis / Making Decisions
- Managing Medical Complexity
- Working With Colleagues
- Maintaining Performance Learning and Teaching
- Fitness to Practice

Workplace-based assessment is important as it assesses what you do rather than what you know. This is particularly important in maintaining patient safety. You will be assessed by your Clinical Supervisor and team in your hospital jobs. Each six months your Educational Supervisor will meet you for a nodal review of your progress and future learning needs, producing a personal development plan.

The grades vary depending on the assessment:

In ST1 and 2 you are being graded by your supervisors in comparison to other Doctors at a similar level of training.
The Mini-CEX and Clinical Supervisors reviews are graded as you being:
Below expectation, Borderline, Meeting Expectation or being above expectation

In ST3, you are being rated against the competencies we expect a fully qualified General Practitioner to demonstrate, these grades are as follows:

**Needs further Development** – Rigid adherence to taught rules or plans; Superficial grasp of unconnected facts; Unable to apply knowledge; Little situational perception; Early on you will get many of these as you are being judged against the level you should reach at the end of 3 years.

**Competent** – Accesses and applies coherent and appropriate chunks of knowledge; Able to see actions in terms of longer term goals; Demonstrates conscious and deliberate planning with increased level of efficiency; Able to prioritise.

**Excellent** – Intuitive and holistic grasp of situations. Identifies underlying principles and patterns to define and solve problems; Relates recalled information to the goals of the present situation and is aware of the conditions for application of that knowledge.

You will score "Needs further Development" at first and your educational supervisor will help you identify your learning needs.

**Case-Based Discussion (CBD)**


This is a structured oral interview you will have with your Clinical Supervisor while in your hospital attachments and with your Educational Supervisor/GP trainer during your General Practice attachment. It is designed to test your professional judgment across a range of competency areas. By professional judgement we mean how you have made holistic, balanced and justifiable decisions in consultations which were a little uncertain or complicated. In other words it is looking at whether you acted in a safe and sensible way in a difficult consultation.

In the ST1 and ST2 years you will undertake a minimum of 6 Case-Based discussions per year. You will select 2 cases one week before the assessment and present them to your clinical supervisor. The assessor will choose one of the cases and will prepare questions to ask you which will cover the competency areas. A Case-Based discussion should take 20 minutes and you will also receive 10 minutes’ feedback at the end, at which point your grades will be discussed.

In the ST3 year, you will have to do a minimum of 12 Case-Based discussions. You will select 4 cases and present them to your assessor one week before your assessment. The assessor will choose 2 cases. The same format as above is used with each complete Case Based discussion, marking and
feedback taking 30 minutes in total.

Trainees working less than full time will complete a pro-rata number of assessments.

**Mini-Clinical Evaluation Exercise (MINI-CEX)**


This is observation of a clinical episode of care. It will often be a registrar or your consultant who will assess you, but might also be a suitably trained nurse. In General Practice it is replaced by COT.

**Consultation Observation Tool (COT)**


Consultation Skills Training is a central part of the GP Specialty training programme. It will enable you to increase the amount and quality of information you elicit from patients, so improving the accuracy of your diagnosis. You will learn to find out concerns of the patients as well as their ideas about what might be wrong, and their expectations of you and your help. This will allow you to employ specific skills to reach a shared patient-centred, relevant and workable treatment plan. Improving your consulting skills is about improving outcomes for patients.

The Consultation Observation Tool is used with your trainer in your time in GP to give you feedback on your progress towards competence and then excellence in consulting in the year. It will help you identify your learning needs. It is likely that early in the year many of the areas will be graded “Needs Improvement”. Arranging a COT early will help you identify which areas you need to work on. By the end of the year you should be able to hit “Competent” in all the areas in a particular consultation. Consultations vary in complexity and content so you will normally not cover all competencies in any one consultation. By month 10 in GP you should have demonstrated competence in each area at least a couple of times.

Our advice is to start videoing early after you have been consulting for approximately 1 month. Do videos regularly and learn how to observe and analyse consultations in detail; read through the “Detailed Descriptors of Competencies” on the college website; bear in mind the definitions of ‘Competence’ and ‘Excellence’. You will need to do many more videos than the 12 COTs in the year. This will also help you rehearse for the Clinical Skills Assessment.

**PLEASE NOTE YOU MUST GAIN THE PATIENT’S CONSENT FOR THE VIDEO.** The sample consent forms are on the RCGP website. The videos you use should be deleted after they have been assessed.
Direct Observation of Procedural Skills (DOPS)


DOPS is designed to provide feedback on procedural skills essential to the provision of good clinical care. The mandatory procedures chosen have been selected as sufficiently important and / or technically demanding to warrant specific assessment. Trainees will be asked to undertake observed encounters during the three years with a different observer for each encounter. Each DOPS should represent a different procedure. The doctor in training chooses the timing, procedure and observer.

There are 8 mandatory procedures to be covered:

* Breast examination
* Female genital examination
* Prostate examination
* Simple Dressings
* Male genital examination
* Rectal examination
* Cervical cytology
* Blood glucose

Some of these procedures may be combined e.g. prostate and rectal examinations.

There are 9 optional procedures which should be recorded, if undertaken:

* Cryotherapy
* Curettage / Shave excision
* Cauterisation
* Incision and drainage of abscess
* Aspiration of effusion
* Excision of skin lesions
* Joint and peri-articular injections
* Hormone replacement implants of all types / any types
* Proctoscopy

The Skills log refers to the same set of skills as per the DOPS but this is your self-assessment of your ability to do these skills.

Once completed to a competent level both the DOPS and skills log only need to be done once each within the 3 year training programme.
Multi Source Feedback (MSF)

When learning, it is always useful to get feedback from different sources. It helps us to reflect and continuously improve. It also feeds back to our ability to work in a team.

MSF is done twice in ST1; one prior to each 6-month review. Five clinicians need to answer 2 questions. These ask for their assessment of your overall professional behaviour and for their assessment of your overall clinical performance. The RCGP have strict rules on how a MSF must be carried out.

Via your ePortfolio, you produce a ticket code and web address which you give to 5 clinicians. They must go into the website and complete the assessment within a 6 week period. The results can only be amalgamated if this 6 week deadline is followed. It is therefore probably advisable to ask 6 clinicians to complete the assessment just in case one of them isn’t able to do so.

The MSF is not required for the ST2 year, but is needed again in ST3; both at the 30-month and 34-month review. In the ST3 year 5 clinicians complete both questions as before and also 5 non-clinicians on both occasions. The 5 non-clinicians are just asked to assess your overall professional behaviour. Again it is probably advisable, if possible, to ask more than 10 people on each occasion to complete the assessment for you.

Patient Satisfaction Questionnaire (PSQ)

This looks at patients’ views of how empathic you were during their consultation. The CARE questionnaire is used. It is completed in General Practice only. This therefore may only be done once in your ST3 year, but if you have a 4-month attachment to General Practice in either your ST1 or ST2 year, it will also need to be done then too. This includes ITP GP placements.

The Patient Satisfaction Questionnaire is handed out to 40 consecutive patients in the Practice when you are in a GP placement and the results from this added electronically to the RCGP website by the Practice Manager. You must receive 40 responses for each PSQ (in any training year) to be satisfactory for the ARCP. The RCGP will produce a report that appears in your ePortfolio. You should discuss this with your GP trainer along with the MSF.

You will need to arrange this with the help of your Practice Manager and GP Trainer. Forms are available through the ePortfolio.
The PSQ is carried out between months 31 and 34 of your training in ST3. In addition, 1 PSQ needs to be completed in either ST1 or ST2, even if you have a GP placement in both ST1 and ST2 years.

**Clinical Supervisor Report (CSR)**


At the end of every rotation in ST1 and ST2, your Clinical Supervisor needs to complete the Clinical Supervisor’s report. This looks at your progress against several key competencies and suggests feedback for further development.

During a GP placement your Clinical Supervisor may also be your Educational Supervisor.

During an ITP placement (a combined placement where you are based in the GP Practice for 2 or 3 days per week and spend the rest of the week in an additional placement, normally in hospital) the GP supervising you needs to complete the report and if required the consultant supervising the hospital component of this rotation may also complete a report.

**E-PORTFOLIO**


**RCGP e-Portfolio Login**

The Electronic Portfolio will allow you to collect all the evidence of your increasing competence in one place and will then form the evidence you submit to the RCGP for MRCGP towards your Certification of Completion of Training (CCT). This gives you a license to practice.

**It is very important that you register and start using the portfolio as soon as you start your GP training programme (either in hospital or in a GP placement).**

It is your opportunity to show your learning experiences, both formal and informal. There will be a happy medium to be struck between over-inclusiveness and under-recording. Remember if you don’t record the evidence of learning you cannot be credited with it.

Although access to your portfolio is only available to those assessing it, remember that if anything did go wrong, this is a potentially public document forming part of your certification (Freedom of Information Act).

Your Clinical Supervisors will add assessments to your ePortfolio. They can access blank assessment forms by going to the ePortfolio page. They can also complete reviews by you generating ticket codes for them through your ePortfolio. After they have completed the assessment, this will be logged into your ePortfolio.
Educational Supervisors have their own log in details. They will complete your assessments in the ST3 year, complete your reviews and will sign off learning experiences you share with them. They will have access only to information you share with them.

If there are any incorrect details on your ePortfolio then you must contact Nina Tafa or David Buckle at the HEKSS GP School office for these to be changed. In particular it is very important that your rotations are correct and that any periods of extended leave are documented on your ePortfolio. If these details are incorrect it can affect your certificate of completion of training. Do not wait until the last minute to tell us of any inaccuracies.

**Educational Supervisor Reviews**

Your Educational Supervisor needs to complete a 6-month and 11-month review in each training year (ST3 6-month and 10-month). It is your responsibility to contact your Educational Supervisor to ensure this is done.

Work needs to be completed by you before these can occur. Your learning log needs to be kept up-to-date. Your assessments need to be complete and these must include Clinical Supervisors reviews.

You MUST complete a self-assessment in the 12 competency areas before every review – the underlying theme to the MRCGP is your ability to reflect on your learning and to demonstrate a developmental progression within the competency areas. Each competency area must contain specific evidence to justify your comments, i.e. references to certain logs /assessments. It is extremely important that this self-assessment is done and the RCGP will reject your ePortfolio if it is incomplete.

At the review, your Educational Supervisor will go through the above and then make a rating with evidence-based comments on the same 12 competency areas. They are also asked to comment on your curriculum coverage, your skills log and the quality of the evidence presented in the e-Portfolio. Finally they will make an overall judgement on your progress.

This is then submitted to your e-Portfolio and signed off to be available to form part of your evidence for ARCP.

**The Annual Review of Competency Progression (ARCP)**

Local faculties will initially review your e-Portfolio following the 6-month and 11-month ES reviews (ST3 6 month and 10 month). ES reviews must be submitted on time otherwise this may result in you not being able to progress to the next training year or for ST3s a delay to obtaining a CCT. It is your responsibility to ensure that you have completed your assessments and organised your ES
review at the appropriate time. In addition it is essential that all trainees complete the Form R and submit it to the GP School in advance of each ARCP – the ARCP will not be held without an up to date Form R. Timelines are available on the website and you are advised to record these dates into your calendar. Information following these reviews is then also fed back to the GP School. Following the 11-month review (ST3 10-month) your -ePortfolio will then be presented to the Annual review of Competency Progression (ARCP) panel.

The panel consists of an Associate Dean, Programme Director and Educational Supervisor who will make a decision on whether the evidence you have presented in your e-Portfolio along with the ES review is adequate for you to pass to the next level of training, or in the ST3 year whether or not you can apply for your Certificate of Completion of Training. Lay members and representatives from the RCGP may also be sitting on the panel.

If you have completed the required elements of WPBA, have submitted and Enhanced Form R and have a satisfactory ES Review will usually not be required to attend the ARCP.

If you have an unresolved complaint, Serious Untoward Incident or capability or conduct issues reported by yourself, your ES or your employing Trust or The Local Area Office (for complaints occurring in general practice) you may be required to attend the ARCP so that more information can be obtained relating to the issue concerned. The ARCP will not make a judgement on this information.

If the information is inadequate you will be invited to the Panel for feedback and plans for how these areas can be corrected will be discussed.

There is an HEKSS based appeals mechanism is in place for the investigation of complaints in relation to the management and outcome of the ARCP.

HEKSS ARCP Quality Management Guidelines can be downloaded from the following web page: http://kssdeanery.org/arcp

The HEKSS Deanery has developed a policy to clearly define the process for approving Remedial Extensions to General Practice Training. A copy of this can be found on the website.

REVALIDATION FOR DOCTORS IN TRAINING

From 3rd December 2012 the GMC require all doctors in training to be revalidated at CCT or after five years in training, for GP Trainees this will occur when they obtain their CCT. The ARCP process is the vehicle for obtaining evidence for Fitness to Practice from which the Responsible Officer will make a recommendation to the GMC for revalidation.
This national process requires the HEKSS to collect data in two parts - information from GP Trainees and from the employer(s). The employer(s) will be supplying information to the HEKSS Deanery in order to inform the revalidation process through the ARCP. In the case of GP Trainees, where they have undertaken a placement in general practice (and thus been registered on the Medical Performers List), the Local Area office will also be required to supply information to the HEKSS Deanery.

This information will be provided under three headings:
- Conduct/capability investigation
- Serious Untoward incident
- Complaints

The HEKSS GP School will be liaising directly with employing Trusts and Local Area Offices to seek this information and Educational Supervisors will also complete similar information in a specific section of the ES Review.

**GP Trainees will need to complete:**

**The Enhanced Form R** - All Doctors in Training are required to complete the Enhanced form R and the GP School are required to have this available in advance of each ARCP. The Form R is the document that all Specialty trainees complete at the start of their training, and annually prior to ARCP, and prior to CCT, this enhanced version requires you to answer questions about whether you have been involved in any complaints or investigated incidents over the last year.

The HEKSS has created a web page with further information, including some Frequently asked Questions (FAQs). [http://kssdeanery.org/gp-trainees-revalidation](http://kssdeanery.org/gp-trainees-revalidation)

The GMC state that a significant event (also known as an untoward or critical incident) is any unintended or unexpected event, which could or did lead to harm of one or more patients. This includes incidents which did not cause harm but could have done, or where the event should have been prevented, which is significant enough to be investigated by your employing organisation.

It is an educational requirement that all doctors as part of the evidence they will submit for revalidation, are required to record and reflect on significant events in their work with the focus on what they have learnt as a result of the event/s.

Professor David Black, Dean Director is the Responsible Officer (RO) for all HEKSS managed trainees.
The Process of Certification with the RCGP

All new entrants to GP training from August 2008 will be undertaking the full three years programme, which provided all assessment are met, will lead to a Certificate of Completion of Training (CCT). You will need to register with the RCGP at the beginning of training and following a satisfactory final ARCP you will be able to proceed to obtaining a CCT via the ePortfolio and the on-line application form.

Changes to Process for Applying for a CCT

The GMC has published on its website an important notification about the Changes to the process for applying for a Certificate of Completion of Training (CCT) or specialist and GP registration through the Combined Programme (CP)

From 31 March 2013, all applications for a CCT (or CP) must be made within 12 months of a doctor’s expected completion of training date.

Find more information about CCT and CP. [http://www.gmc-uk.org/doctors/registration_news/14249.asp](http://www.gmc-uk.org/doctors/registration_news/14249.asp)

Six months before you finish GP Specialty training

- You must think about certification with the RCGP.
- If you have transferred into HEKSS as part of an inter-deanery transfer, you should check that these are recorded on your ePortfolio and you have the appropriate evidence from any ARCP done in a previous deanery.
- Are all your workplace-based assessments up-to-date?
- Have you applied for AKT and CSA via the RCGP?
- In the coming 4 months you must complete the remaining WPBA. These must be undertaken so that your ePortfolio is complete at 9 months into your ST3 year.

Other Qualifications

The MRCGP is the only assessment process in GP training and will provide both developmental and summative assessment during the whole of the three-year programme. It is intended that this will cover the Curriculum for General Practice, which will cover all that is needed during training for General Practice, and thus no other certificates, diplomas or higher qualifications will be needed. The Study Leave support is primarily to ensure that the GP curriculum is covered and that the CCT is achieved within the normal time.

You may want to undertake additional training, e.g. for contraception and IUCD training (Diploma of the Institute of Family Planning) and if so should discuss this with your Educational Supervisor and Programme Director.
Educational Programme during the Training Programme

- In ST3 there will be a weekly half-day release course for 30 weeks in the year. This is intended to support doctors in the final part of their GP training whilst in the GP placement. The topics covered will normally be linked to the GP Curriculum and the remaining assessments for the MRCGP.

- In ST1 and ST2 other arrangements will be made for continuing regular teaching.

- During each of your hospital jobs there will be opportunities to spend a day in General Practice, meet other VTS trainees and meet your GP Educational Supervisor. This will help orientate you and your learning to General Practice.

- During the whole period of your GP Specialty training in Hospital and General Practice you will have a GP Educational Supervisor. S/he will meet with you regularly to assess your progress and help you define your learning needs.

- Normally you will be able to spend 1 day in every four months hospital placement in General Practice working with your Educational Supervisor. This will help to orientate you to General Practice and help you identify what it is you need to learn from your hospital posts that will help you in your future career (further information can be found in the HEKSS Study Leave Guidance which can be found on the website – you must organise a meeting to plan your study leave at the start of your training year with your GP Programme Director).

- These placements will be organised by the GP Training Programme Directors, working with you and your Clinical and Educational Supervisors.

- There are often lunchtime meetings organised for the local GPs, and GP Trainers in different localities. In some hospitals there may also be separate teaching sessions organised especially for the GPSTRs during their hospital training placements.

GUIDANCE TO STUDY LEAVE FOR GPSTRS
The HEKSS Study Leave Guidance can be found on the website, this document is updated annually:
http://kssdeanery.org/study-leave

It is important that all GP Trainees plan their study leave at the beginning of each training year with their GP Programme Director. Trainees should read the HEKSS Study Leave Guidance, for 2013 all GP Trainees will have an allocation of £528 per annum. The GP School provides a number of free facilitated learning and training events, a study leave allowance as well as e-learning training to support GPSTRs.

All GPSTRs will need to have their requests for study leave approved by their Educational Supervisor and GP Programme Director.

- GPSTRs in ST1 & ST2 employed by the Single Lead Employer Acute Trust will claim for
reimbursement payments from the Lead Single Employer.

- **ALL GPST3 trainees** will claim their GP placement study leave allowance from the HEKSS GP School.
- **GP Trainees not employed by Single Lead Employer** will claim their GP placement study leave (for the time spent in a general practice placement) from the HEKSS GP School.

### PROBLEMS DURING TRAINING

GP Specialty training can bring to light different kinds of personal and professional stresses which can be difficult to cope with. Should this happen then there are a number of routes of support. Maybe your first port of call could be your colleagues in your peer group, many of whom may have had similar experiences. Otherwise you should consult your GP Programme Director, your Educational Supervisor or the Clinical Tutor or Director of Medical Education within the Trust. Problems which are not resolved at that level can then be referred to the Patch Associate GP Dean responsible for your area. HEKSS also has access to professional support for trainees with health problems that may be affecting their training.

There is a GP Registrar Committee within the GP School, normally with a GPStR representative from each district covered by a GP Specialty training programme. The Committee reports to the Dean directly and response is usually rapid. For details, check the HEKSS GP School website GPR page or with your GP Programme Director. The GP School will always seek to support GPStRs with problems as effectively as possible.

Remember, you are not on your own; there will always be someone to turn to for advice.

### What Happens If a Trainee Does Not Make the Expected Educational Progress

For a small number of GP trainees, educational problems may be identified at any stage. Although these may have a number of causes, it is likely that problems will be picked up through the formative workplace based assessments, or through difficulties in passing the other mandatory components of the MRCGP in the final year of training (the AKT and the CSA). If progress for any GP trainee is not as satisfactory as expected, then this may mean that the ARCP panel is not able to recommend an outcome that indicates satisfactory progress. This may mean that further targeted learning development needs to take place within the normal time, or that a discretionary extension to the indicated training programme is required for educational purposes (normally at the end of the ST3 year when any or all of the components of MRCGP have not yet been passed).

Important note:

Additional periods of training for remedial reasons are not a right and will be given at the discretion of HEKSS. Opportunities for these will also depend on the training capacity of the GP School at any one
time. GPStRs who are offered a remedial extension may need to go on a waiting list, and/or undertake remedial training with reduced weekly sessions. Posts may be in general practice or in hospital. Further details can be found in the HEKSS policy for Approving Remedial Extensions to GP Training, available on the website. HEKSS provides support to Trainees in Difficulty and guidance can be found on the web link: http://kssdeanery.org/general-practice/trainees/gp-specialty-training

The GP School will actively seek to be aware of any educational difficulties for any GPStR in order that appropriate and specific support can be given.

However, the ultimate responsibility for the educational progress of any GPStR rests with the individual, and should appropriate progress ultimately fail to be demonstrated by any GPStR, then they will be discharged from training as per the guidance given in the Gold Guide.

OUT OF HOURS

Out of Hours experience is viewed by the GP School, and the RCGP, as an important and necessary educational component of the GP Specialty training year. The skills developed in this are part of the competences that will need to be present in order for your trainer to sign the Trainer’s report.

Although your GP Trainer may not personally do sessions with you, he or she will still be responsible for monitoring your learning and experience in this area.

Your GP Trainer will discuss with you your learning needs for OOH care, and will plan with you your sessions.

You will be expected to do a minimum of 12 sessions of 6 hours in OOH over the course of your ST3 year in General Practice (and more if you are doing longer than a year in GP). OOH during GP placements in ST1 and 2 are completed on a pro-rata basis.

In most cases, this will be with the OOH provider that covers the area in which you are working. Although you will be eligible to see patients, a nominated Clinical Supervisor will ensure that you are working safely and provide clinical support. This means that you will be able to work at the pace your skills and experience permit, which is likely to increase during your year in General Practice.

You will get feedback from the Clinical Supervisor and you will have a workbook to use, to record your learning, which should be shared with your trainer. Recording of the sessions should be done in your learning log, with scanned evidence of your attendance and the hours covered. Satisfactory evidence from this, with your trainer’s own observation of your skills and abilities will allow these competencies to be signed off in the ePortfolio. You should read the national guidance and documentation for OOH training for GPStRs which is at http://kssdeanery.org/general-practice/trainees/gp-specialty-training
The key out-of-hours competencies and their assessment

GPStRs should demonstrate competency in the provision of OOH care. The overall responsibility for assessment of competency is with the GP Trainer but GPStRs have a duty to keep a record of their experience, reflection and feedback in the competency domains.

The six generic competencies, embedded within the RCGP Curriculum Statement on ‘Care of acutely ill people’, are defined as the:

1. Ability to manage common medical, surgical and psychiatric emergencies in the out-of-hours setting.
2. Understanding of the organisational aspects of NHS out of hours care.
3. Ability to make appropriate referrals to hospitals and other professionals in the out-of-hours setting.
4. Demonstration of communication skills required for out-of-hours care.
5. Individual personal time and stress management.
6. Maintenance of personal security and awareness and management of the security risks to others.

LESS THAN FULL-TIME TRAINING (LTFT)

Organising LTFT (part-time or flexible training) is the responsibility of the GPStR, which will need thought, planning and time to organise. It is generally easier to arrange in GP placements than in hospital.

The following guidance explains the main issues you need to consider, which should help you make an informed decision. It is divided into information for LTFT in hospital placements and LTFT in GP placements. You should also read the LTFT training guidance on the HEKSS website http://kssdeanery.org/less-than-full-time-training

Less Than Full-Time Training in the Hospital Placements

1. All offers made for GP training following the national recruitment and selection process are for full-time posts. If you want to train LTFT then you should contact the HEKSS LTFT office (lessthanfulltimetraining@kss.hee.nhs.uk) and the GP Training Recruitment Manager (recruitmentmanager@kss.hee.nhs.uk) to seek eligibility and funding approval.
   • Once you have received eligibility and funding approval you should contact your Programme Director to agree possible placements and sessions to be worked. The form will need to be signed off by your Trust Medical Staffing and Finance representative.
   • Undertaking LTFT in hospital posts. The arrangement is for two LTFT trainees to
occupy substantive approved GP training posts in hospital under a slot-share arrangement (which is like a modified job-share) though in some cases (e.g. a slot-share partner leaves employment before the end of the post) reduced sessions in a full-time post may be possible. If you are contemplating training at LTFT you should work towards identifying a slot-share partner and the GP Training Recruitment Manager will be able to help you do this. You should also work very closely with your GP Programme Director who will help you identify the posts and suggest a suitable programme. You will need to provide a copy of your weekly time-table to the LTFT department and the GP Training Recruitment Manager.

- Undertaking LTFT in a GP post. This is generally easier, and will just require the support of your GP Trainer and the GP Training Practice, with whom you will define a weekly timetable according to the percentage of full-time that you wish to work. This timetable will need to be approved and signed-off by the GP School (see note below).

2. LTFT trainees must work pro rata OOHs based on the full-time trainees in the same department. They should be prepared to work at any time of the week and at any time of the year, in the same way as their full-time colleagues. Two GPStRs undertaking a slot-share arrangement will undertake the normal OOH requirements of that hospital post between them.

3. It is for this reason that you should consider doing your hospital posts as training full-time. Once you are in GP it is much easier to train part-time. However, the HEKSS Deanery LTFT Office and the KSS GP School will work with you to smooth this process and provide the most appropriate training for you in the context of your circumstances.

4. If eligibility for LTFT training is agreed, the timetable and educational content and support must be agreed with the GP School. Applicants will need to submit these details through the GP Training Recruitment Manager and complete an application form, for the consideration and agreement of the Head of the GP School.

**Less than Full-Time Training in GP Placements**

There is normally no problem in organising this, provided the GP Trainer and Training Practice are able to accommodate this. An application form is available from the GP Recruitment Manager (egonzalez@kss.hee.nhs.uk) which should be completed and sent back to the GP School. This is also available as a download on the downloads page labelled ‘LTFT training application-Trainees in GP practice’ [http://kssdeanery.org/general-practice/resources-gp-trainees/less-full-time](http://kssdeanery.org/general-practice/resources-gp-trainees/less-full-time)

LTFT in General Practice training must be at least 50% of that of a full time trainee. The GP training week is 10 sessions plus the on-call commitment of a 6 hour shift every month (pro-rata). 50% is usually considered to be 5 sessions per week, equivalent to 2½ days but this is to be negotiated with your trainer. You are still expected to attend the half-day release for VTS training, which is part of your study leave, on the same pro-rata basis.

The GP School provides a calculator to allow you to work out, in conjunction with your GP Trainer, the
structure and content of your training week to fit the percentage of full-time that you wish to undertake. The calculator also allows you to work out how long you will need in the placement to complete your training. This calculator is printed as part of the LTFT training application document and to download follow this link: http://kssdeanery.org/general-practice/resources-gp-trainees/less-full-time The proportions of your working week for seeing patients, for personal study and attendance at the VTS must mirror the full time commitment. For example, if you worked 50% of the time you might only be able to attend the VTS every other week, or for half the total number of session, so that at the end of your training you had received access to the same number of sessions as a GPStR doing full time.

Your salary is calculated slightly differently than full time trainees. The salary is on a pro-rata basis. Your mileage allowance will be claimed as normal.

There is also information on LTFT training on the BMA website http://www.bma.org.uk

**Workplace-Based Assessments and Less Than Full-Time Training**

Doctors undertaking less than full time training are now expected to do their assessments pro-rata for that for full-time trainees and should see the links RCGP guidance: http://www.rcgp-curriculum.org.uk/nmrcgp/less_than_full_time_trainees.aspx

If you are doing less than full-time training, you should discuss this requirement with your educational supervisor.

**UK TRAINING FOR OVERSEAS DOCTORS**

- Overseas doctors are those who, regardless of where they obtained their primary medical qualification, are not nationals of the European Economic Area (EEA). It will normally not be possible to be employed in the UK unless the doctor has a right of residence, is covered by a visa status tier, or has an extant work permit.
- Normally, these appropriate checks will be made at the recruitment stage or when any offer of employment is made. Any doctor who is uncertain as to his/her status under immigration and nationality law is advised to check with the Border and Immigration Agency.
- Successful applicants who need to apply for a work permit will need to get this signed by the employer. When moving into a GP placement this process will need to be repeated by the GP Practice.
- The application requires an overseas doctor to produce evidence in the form of a formal document from the Postgraduate Dean to show their appointment and progress as a GP trainee. The FLR(O) form is found at http://www.ind.homeoffice.gov.uk/
- You should remember that you cannot undertake GP training unless you have full GMC
registration. Refer to the GMC for registration [http://www.gmc-uk.org](http://www.gmc-uk.org) and to the National Advice Centre for Postgraduate Medical Education [NACPME] of the British Council.

- There are special opportunities within the NHS for overseas doctors who are asylum seekers or refugees, interested in training for General Practice. Again, consult the Department of Health website [http://www.dh.gov.uk/en/index.htm](http://www.dh.gov.uk/en/index.htm)
- The visa and work eligibility guidance is subject to constant change. For further advice and support please contact Elena Gonzalez at egonzalez@kss.hee.nhs.uk

**CONTRACTUAL & ADMINISTRATIVE INFORMATION**

**Salary**

Your salary in ST1 will be calculated and paid by the employing Trust based on national pay scales.

Your salary as a GP Registrar in a GP placement in ST3 is normally calculated based on your last hospital post and the national published pay rate scales, but exceptions may apply, and these will normally be assessed by your employer in conjunction with NHS guidance. For this you are expected to undertake the out-of-hours training as described. Your incremental date is still valid in General Practice.

Appropriate deductions from your salary are made for pension contributions and National Insurance. A trainee in a GP placement will have their salary adjusted to receive the GP Registrar Supplement at the appropriate rate – currently at June 2013, 45% (Pay Circular June 2011 Section 4).

[Refer to NHS Employers' Pay Circular](http://kssdeanery.org/general-practice/resources-gp-trainees/forms-guidance-handbooks-amp-policies) (M&D, latest issue, Specialty Registrar - Core Training)

With your contract you are not encouraged to undertake any other outside medical work receiving payment, as you are considered as working full-time and such work may impinge not only on the time you need for studying but also on the limits set by the working time directive.

**Car Mileage**

The HEKSS Car Mileage Guidance can be found on the website [http://kssdeanery.org/general-practice/resources-gp-trainees/forms-guidance-handbooks-amp-policies](http://kssdeanery.org/general-practice/resources-gp-trainees/forms-guidance-handbooks-amp-policies) You will be expected to be able to satisfy the community and domiciliary aspects of delivering GP care whilst in training, such as doing home visits, both acute and planned, and you should make arrangements to ensure that you can do this. The amount of traveling involved varies from Practice to Practice and depends on the locality, with more rural practices often having more need for this. Most GP trainees will use their own car, and you will need to ensure that you keep a record of your mileage with this travelling in order to reclaim travel expenses.
All GPStRs in their Practice placement will need to complete an authorised Vehicle User Application Form (available on the website) and get this countersigned by their GP Trainer (for trainees employed by the Lead Single Employer you will need to use their documentation, however, the KSS Guidance will be a useful resource). A copy of an up to date insurance certificate and the completed form must be kept on the GPStR file in the GP Training Practice.

**Relocation Expenses**

Doctors relocating to another area in order to undertake a programme of specialty training may be eligible for relocation expenses. For GPStRs in their hospital placements or employed by the Single Employer Acute Trust, this process is administered by the HE London Deanery (as is the case for all specialty trainees in HEKSS). Guidance to this is available at [http://www.londondeanery.ac.uk/var/relocation](http://www.londondeanery.ac.uk/var/relocation) However if you are claiming these expenses when you are employed in a GP placement and if you are not part of the Lead Single Employer you will need to apply to the Local Area Office (Shared Services) via your employer (the GP Training Practice). In this case you should approach the Practice Manager.

**Family / Parent Leave**

Trainees are entitled to take up to 52 weeks maternity leave.

You should ideally inform your Trust and the GP School by the end of the 15th week of your expected week of childbirth (EWC), of your pregnancy, EWC and date you wish your maternity leave to start. You will also be required to provide a MatB1 from your midwife or doctor. HR/Medical will be able to inform you of any entitlements.

To qualify for maternity pay you must have had 12 months of continuous service with the NHS by the beginning of the 11th week before your expected week of childbirth. Under the Single Employer Acute Trust (SEAT) arrangement any move between posts on the BBT rotation will not break the 26 week continuity of employment requirement for Statutory Maternity Pay (SMP). Occupational Maternity Pay (OMP) is currently 8 weeks at full pay and 18 weeks at half pay. SMP is paid at 90% of full pay for 6 weeks and at £136.78 (2013 rates) for the remainder of the 39 weeks. SMP is liable for tax and NI contributions. If OMP is payable, SMP/SMA are included in the 8 weeks of full pay; SMP/SMA is payable in addition to the 18 weeks of half pay. There is a useful guide including a flowchart explaining these allowances available at [http://www.nhsemployers.org/Aboutus/Publications/Documents/Maternity%20issues%20for%20doctors%20in%20training.pdf](http://www.nhsemployers.org/Aboutus/Publications/Documents/Maternity%20issues%20for%20doctors%20in%20training.pdf).

HEKSS has developed a useful Family/ Parent Leave Guide which can be found on the web site. Note trainees taking family leave should liaise with their employing Trust, their Programme Director and their
Educational Supervisor Educational and complete the notification form which forms part of this document.

When returning from maternity leave your employer, the Trust, the Programme Directors, GP School office and Educational supervisor will need to be informed no later than 28 days before you intend starting back at work. A Maternity Leave Notification form (which forms part of the Parent Leave Guide http://kssdeanery.org/ParentLeave) should be completed to enable the GP School to organise an ARCP panel before you take your maternity leave, and to ensure that a training programme and funding is reserved for your return to training.

When returning to GP Specialty training following maternity leave The Employer will however, organise to place you on return in an appropriate placement, and will seek to take your wishes into account. Your training will be extended to take into account the time missed.

GP Trainers will occasionally have a space for their GPStRs to return back to training in the same Practice, it must be noted that this is not a right for the trainee, and is not always possible to organise.

It is worth recognising that there can sometimes be difficulties with maternity leave taken right at the commencement of the GPR year, as the employing authorities can occasionally take time in processing this. Should you wish to take maternity leave late towards the end of your three year training programme, this will have implications for your final ARCP and signing off. In this case you should contact the GP Training Manager (ntafa@kss.hee.nhs.uk) or (dbuckle@kss.hee.nhs.uk) who will be able to give you further advice. GPStRs are eligible for paid paternity leave up to two weeks, and for a longer period unpaid at the discretion of their employer.

The NHS guidance to maternity leave regulations is covered in the following directions:-
http://www.nhsemployers.org/SiteCollectionDocuments/GP%20Registrar%20Directions%20July%2009%20(3).pdf

GP Specialty trainees are eligible for paid paternity leave up to two weeks provided that they have 12 months continuous service with the NHS 11 weeks prior to the EWC. Longer periods unpaid are at the discretion of their employer.

Educational Supervisor Reviews and ARCP
It is extremely important just before you go on maternity leave / extended leave/ sick leave that your ES completes a review through your e-Portfolio, putting you out of programme. This effectively suspends your e-Portfolio until your return.
Trainees with less than 4 weeks of training remaining following return from maternity leave

As it can take up to 4 weeks for your CCT to be awarded, for those trainees with less than 4 weeks of training time remaining a final review can be completed by your ES while you are on maternity leave. This can be done providing all your assessments are complete and your ES is happy with your ePortfolio, competency areas and is prepared to sign off the trainee while on leave. Your final review can only be done inside of 8 weeks of your final finishing date.

It is extremely important that Nina Tafa (ntafa@kss.hee.nhs.uk) or David Buckle (dbuckle@kss.hee.nhs.uk) is contacted at the GP School for any trainees who need to be signed off outside of the 6-month and 10-month review periods.

Sickness Absence

If you are off sick, then you should immediately inform your employer (Acute Trust, other organisation, or GP Training Practice). Periods of sickness for up to 8 days should be covered by the production of a self-certificate to be given to your employer. Sickness lasting longer than that period will require a formal Medical Certificate to be obtained from your own GP, to be given to your employer and a copy for the GP Training Manager. Most episodes of sickness are fortunately for short periods, and do not generally interrupt the progress of the training. For longer periods of sickness, the employer may request you attend Occupational Health prior to a return to work to ensure that you are fit to return to working and training. Occupational Health referrals will be organised by the SEAT Acute Trust for trainees employed under SEAT arrangement. (For those non-SEAT trainees it will be organised as follows: if you are in a hospital post this will be organised by the HR department of the Acute Trust, or if in GP placement the GP School will organise this).

The RCGP require all GP trainees to have completed 36 months of training, less statutory and study leave, to be eligible for a CCT. Sickness of duration more than 2 weeks in any one year will need to be made up in time. If you are ill for a total of less than 2 weeks in your training year, your training is not affected and your salary continues as normal, with allowance made for sick pay and there is no need to have your training extended.

If you are sick for more than 2 weeks but less than 3 months in the year, your training will need to be extended by the relevant time period. You are responsible for keeping your trainer informed about your progress during this time, and you should provide him or her with the appropriate sickness certificates, and the GP School and PCA/Health Authority must be informed.

It is important to say that all GP trainees should be themselves registered with a GP, but you should not be registered as a patient with your Training Practice (although if this is unavoidable due to specific geographical factors, you should definitely not be a registered patient of your GP Trainer!).
If you are ill for longer than 3 months, further sickness payments are at the discretion of the Secretary of State via the PCA/Health Authority. There is more information on sickness leave on the BMA website: http://bma.org.uk/practical-support-at-work/contracts/leave/leave-gp-trainees

Again, if you have a period of extended sickness absence your ES will need to mark you as ‘Out of Programme’ on your ePortfolio.

Changes to your Circumstances

It is very important for the GP School to know how to contact you during your training. You must inform the GP Training Manager (ntafa@kss.hee.nhs.uk / dbuckle@kss.hee.nhs.uk) if there are any changes in your circumstances, and complete and return the ‘Changes in Circumstances’ form which you can obtain from the GP Training manager and the website. Similarly, if your posts change from the planned training programme, please ensure this is kept up to date and report any changes that need to be made.

Income Tax

It is worth, throughout your training for General Practice, keeping a log of all your work-related expenses such as journal subscriptions, equipment, registration fees etc. These may be claimed back against tax. There is a very helpful leaflet available from the BMA which explains all this in much more detail.

The TRAINEE VOICE

Feedback

HEKSS considers the giving of feedback a necessary professional obligation for all doctors in training and places very great importance on the feedback it receives from our trainees about the placements that they have experienced.

There is an opportunity to feedback on placements online (see more details below)

In addition, your GP Trainer will have an Exit Interview with you at the end of your GP placement to undertake a final reflection on the placement.

As described earlier you are professionally expected to provide feedback through the annual GMC Survey.
GPStR Committee

There is an active committee of GP trainees in KSS that draws representation from every training area, and provides direct and close communication with the GP Dean and Head of the GP School.

The GPStR committee is a group of trainee representatives within the KSS GP School that represent their GP Training Programme. The Committee meets once every three months at Bermondsey Street, the central HEKSS office in London, to discuss the various issues that arise from their training programmes. With protected time away from their practice, it provides an interesting and social forum where ideas are exchanged with colleagues from neighbouring schemes. The aim of the committee is to provide constructive and supportive guidance for any difficulties that are encountered, and to effect change within the School if appropriate. Involvement with the committee can broaden the GPStR experience, as opportunities within the School are discussed, and various projects [e.g. the website] are explored and developed. Representatives from the Committee also have membership on the KSS GP Specialty School Board. To find out more about the Committee and to make contact with them please email David Buckle (dbuckle@kss.hee.nhs.uk).

LOCAL FACULTY GROUP (LFG)

The LFG meets three times a year to review the educational provision of training programmes against the GMC Generic Standards for Training and trainee representation is invited. Membership of the LFG includes GP Programme Directors, the GP Patch Associate Dean, GP Trainers, Clinical Supervisors in the specialities contributing to the GP Programme, the Director of Medical education (DME) for the Trust, MEM and LFG Administrator as well as input from Libraries and other support services.

Trainee representatives are selected locally to attend the LFG and provide feedback and represent the trainees. The LFG is keen to hear of things that are working well and also areas of concern. The feedback is really valued.

There is a second confidential part to the meeting where trainee progress is discussed and trainees are asked to leave at this point.

Quality Management Processes

Feedback is essential to the development of our GP Trainers and Educational and Clinical Supervisors, both in hospital and in general practice, and to the training placements. As mentioned above This feedback can be delivered online and does not take long to do, and we would like every doctor in GP training in the KSS GP School to feedback at the end of each of their placements in ST1 and ST2, both in hospital and in General Practice. In your ST3 placement in GP
you should do this both after your first 6 months and the end of the placement.

These surveys have been compiled with the help and support of the GP Specialty Registrar Committee of the KSS GP School. They can be found at:
http://kssdeanery.org/general-practice/trainees/gp-specialty-training/training-placement-feedback

The HEKSS Deanery has a responsibility to ensure that Medical Training and Education for all KSS trainee doctors is carried out according to the principles, criteria and guidance of the GMC which is the regulatory body for medical education and training in the UK. The HEKSS GP School manages this for GP Training by looking at evidence from Deanery and national surveys (e.g. annual GMC trainee and trainer survey), by scrutinising annual reporting from each of the GP Training Programme areas, and by a process of three yearly visits to each GP Training Programme area to interview GPStRs, GP Trainers and Practice Managers, and GP Programme Directors. During your time in training you are likely to be involved in one of these visits, mostly to be seen, but we also include a GPStR on the visiting team, so you may be asked to take part in a visit. Doing this is great experience for understanding the management of quality issues and for providing evidence of these competency areas for your ePortfolio.

**Out of Programme Experience (OOP)**

GP trainees in the KSS School may be eligible to undertake negotiated OOP provided this satisfies the guidance and the criteria. This is usually best taken between the end of the ST2 year and the beginning of the ST3 year.

Further information on this is available on the GPKSS website.

**Transfer Process**

Whilst we would hope trainees appointed to training Schemes in HE KSS we are aware your individual circumstances may change.

There are two types of transfer that may be considered:

- An inter-programme transfer (transfer to another area within HE KSS)
- An inter-deanery transfer (to a different GP Department in Health Education England)

In all cases you need to be aware that transfers are not considered within the first year of joining the training programme nor considered beyond this when there have been no material changes in circumstances to those that existed at the uptake of your employment offer

Inter-Deanery Transfers are coordinated nationally by HELondon. There are two windows for
applications: in April and October.

Criteria to be considered for an inter-deanery transfer are:

• new personal disability as defined by the Equality Act 2010 or
• a significant change to caring responsibilities or
• a significant change to parental responsibilities or
• a significant change to circumstances relating to a committed relationship.

Trainees also have to obtain a Satisfactory outcome (outcome 1) at their ARCP to be considered eligible.

There is detailed guidance on the HELondon website at:
http://www.londondeanery.ac.uk/var/idt

Inter- Programme Transfer (could Elena add a brief section)

**Resignation from the GP Training Programme**

This is very likely to be a rare event, as the vast majority of GP trainees are committed to GP training and thoroughly enjoy the process. However, there may be a number of reasons, that a GPStR feels that they need to resign their training post. Should this be the case it is very important that the GPStR discusses their decision with their GP Training Programme Director. If they do leave the GP Training Programme, they must give at least three months’ notice, they will need to send a letter of resignation to the Head of the GP School and their employer, and the Programme Director will need to complete a ‘Confirmation of Withdrawal from Training’ form and return this to the GP Training Manager, notifying the GP School of the reasons for this. There will also need to be a final ARCP panel, which will normally give an outcome appropriate for the level of progress achieved by the trainee at that point.

**GRADUATION AND AWARDS**

GPStRs are eligible for a number of awards:

**HE KSS**

HE KSS wishes to celebrate with trainees on the successful completion of their training. In July 2013 we are launching our first Graduation & Awards Ceremony to recognise the work being done not just in completing CCT but innovations and improvements to patient care.

Awards are offered in the following categories:

• Evidence of service Improvement through an audit process
• Improving Patient Experience
• Effective education and training supervision of other GP trainees or Paramedic Practitioners Students
• Evidence of effective leadership activity

There are also two awards for the highest AKT and CSA results and another award for the most improved GP Specialty trainee.

After GP training there are further awards available through the Deanery for general practitioners, notably Travelling Fellowships from the Eric Gambrill Memorial Fund to enable a broadening of their experience in Family Medicine. Although this is externally managed, details can be obtained through the GP School Office.

National
There are a number of awards administered through the RCGP, notably the Great Expectations GP Registrar Bursaries for whom applications are invited in the form of a research protocol. Please contact the RCGP for their booklet or visit their Website: http://www.rcgp.org.uk. The RCGP also organises the International Travel Scholarships, details of which are available on the international section of the Website. A number of charitable bodies support individual proposals, such as the PPP Health Care Medical Trust and further information can be obtained by writing to the Chief Executive: 13 Cavendish Square, London, W1M 9DA or phone for further details on 0207 307 2622; and also the Wellcome Trust whose contact details are: Grant Administration, Wellcome Trust, Wellcome Buildings, 183 Euston Road, London, NW1 2BE.

RECOMMENDED READING
The list below includes some of the many books available to help you through your Registrar year and the exams. It is by no means a complete list but includes those books which previous registrars have found useful.

General Registrar Reading:
• The Practical Guide to Medical Ethics and Law Chloe Baxter [et al PasTest Paperback – July 2005]
• The Inner Consultation: How to Develop an Effective and Intuitive Consulting Style Roger Neighbour 2nd Edition Radcliffe Bill Styles (Foreword) [et al Radcliffe Medical Press Paperback – October 2004]
• **Skills for Communicating with Patients** J Silverman, S Kurtz, J Draper 2nd edition Radcliffe
• **Evidence-based Practice in Primary Care** Leone Ridsdale (Editor) [Churchill Livingstone Paperback – 8 July 1998]
• **The Doctor's Communication Handbook** Peter Tate [Radcliffe Medical Press Paperback – November 2002]

**Library and e-Learning Resources**

NHS library and knowledge centres provide professional support to GPs through the provision of evidence, advice and e-learning resources. A network of NHS libraries exists across Kent, Surrey and Sussex, all of which are open to all general practice staff and can be accessed remotely via telephone, email or the web.

All libraries in the region have access to the internet and many can be visited 24-hours-a-day. They have a superb range of educational resources for you to access, including a wide range of books, journals and exam texts, and will often be able to send these out to you via the internal post. Electronic journals, electronic books, e-learning resources, and databases of evidence-based material (such as Map of Medicine), can be accessed from your desk or from home. Many of these online resources are accessible with an NHS Athens password, which is provided by NHS libraries and can be registered for at [www.athens.nhs.uk](http://www.athens.nhs.uk).

The staff in the libraries are extremely knowledgeable and will help you access reading material which, if not readily available, can be obtained from other libraries in the region. The library services offer training programmes to improve your skills in finding and appraising research for evidence-based practice, and will carry out expert literature searches on your behalf. Library staff will be happy to visit you in your practice to discuss your individual needs and provide training.

Contact details and opening times for your local NHS library can be found at [www.hlisd.org](http://www.hlisd.org), and the regional library catalogue is available at [www.southeastlibrarysearch.nhs.uk](http://www.southeastlibrarysearch.nhs.uk).

**WHAT’S NEXT?**

**The HEKSS Post-Certification GP School**

HEKSS Department of General Practice Education is the first in the country to develop a Post-Certification School for GPs, which was created in 2009.

GP Training is thoroughly well supported by the GP School within HEKSS but learning and professional development do not cease with the celebration of the arrival of one’s Certificate of Completion of Training!
HEKSS Department of General Practice Education has always promoted good quality CPD (continuing professional development) for GPs in Kent, Surrey and Sussex and the arrival of Revalidation has made us even more aware of the need to support all GPs with lifelong learning and the requirements of the NHS annual appraisal system.

The Post-Certification GP School works in collaboration with the PCTs in Kent, Surrey and Sussex to ensure GPs are prepared for Revalidation and receive the support they need for high quality professional development.

We aim to help GPs manage the transition from well-supported trainee to independent practitioner and self-directed learner!

See the website for more information
http://kssdeanery.org/general-practice/c-p-d-gps

**Mentoring**

There is an active mentoring programme throughout the Deanery. All new entrants to GP are encouraged to take the opportunity to have confidential and professional support from other experienced, trained practitioners. For further details please contact the HEKSS Post CCT School Office.

A large amount of information regarding the educational support and career development for GPs in HEKSS is available on our website:
http://www.kssdeanery.org/general-practice/continuing-professional-development/mentoring
<table>
<thead>
<tr>
<th>Acronym</th>
<th>Description</th>
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<tbody>
<tr>
<td>APD</td>
<td>Accredited Professional Development</td>
</tr>
<tr>
<td>AKT</td>
<td>Applied Knowledge Test. This will be a machine marked test of knowledge as one of the 3 integrated and triangulated components of the MRCGP [RCGP]</td>
</tr>
<tr>
<td>APEL</td>
<td>Accreditation of Prior Experiential Learning</td>
</tr>
<tr>
<td>ARCP</td>
<td>Annual Review of Competency Progression</td>
</tr>
<tr>
<td>BMA</td>
<td>British Medical Association</td>
</tr>
<tr>
<td>CBD</td>
<td>Case Based Discussion</td>
</tr>
<tr>
<td>CCT</td>
<td>Certificate of Completion of Training</td>
</tr>
<tr>
<td>CPD</td>
<td>Continuing Professional Development</td>
</tr>
<tr>
<td>CEGPR</td>
<td>Certificate of Eligibility for the GP Register</td>
</tr>
<tr>
<td>CES</td>
<td>Community Educational Supervisor</td>
</tr>
<tr>
<td>CS</td>
<td>Clinical Supervisor</td>
</tr>
<tr>
<td>CSA</td>
<td>Clinical Skills Assessment. One of the 3 integrated and triangulated components of the MRCGP</td>
</tr>
<tr>
<td>CBD</td>
<td>Case Based Discussion</td>
</tr>
<tr>
<td>COT</td>
<td>Consultation Observation Tool; as part of the WPBA will largely be based on MRCGP video performance criteria</td>
</tr>
<tr>
<td>DOPS</td>
<td>Direct Observation of Procedural Skills</td>
</tr>
<tr>
<td>DPGPE</td>
<td>Dean of Postgraduate General Practice Education</td>
</tr>
<tr>
<td>DRS</td>
<td>Doctors Retainer Scheme</td>
</tr>
<tr>
<td>FPGPR1</td>
<td>Finance Payment GPR form</td>
</tr>
<tr>
<td>Acronym</td>
<td>Description</td>
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<tr>
<td>FTSTA</td>
<td>Fixed Term Specialty Training Appointment [MMC]</td>
</tr>
<tr>
<td>FY1</td>
<td>Foundation Year 1</td>
</tr>
<tr>
<td>FY2</td>
<td>Foundation Year 2</td>
</tr>
<tr>
<td>GP</td>
<td>General Practice/General Practitioner</td>
</tr>
<tr>
<td>GMC</td>
<td>General Medical Council</td>
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<tr>
<td>GPC</td>
<td>General Practice Committee</td>
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<tr>
<td>GPStR</td>
<td>General Practice Specialty Training Registrar</td>
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<tr>
<td>GPT</td>
<td>General Practice Tutor</td>
</tr>
<tr>
<td>HEI</td>
<td>Higher Education Institutes</td>
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<tr>
<td>ILT</td>
<td>Institute of Learning &amp; Teaching</td>
</tr>
<tr>
<td>IMAP</td>
<td>Interim Membership by Assessment of Performance</td>
</tr>
<tr>
<td>KSS</td>
<td>Kent, Surrey &amp; Sussex</td>
</tr>
<tr>
<td>LAB</td>
<td>Local Academic Board</td>
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<tr>
<td>LFG</td>
<td>Local Faculty Group</td>
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<tr>
<td>LTFT</td>
<td>Less than Full Time</td>
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<tr>
<td>LLA</td>
<td>Lifelong Learning Adviser</td>
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<tr>
<td>LMC</td>
<td>Local Medical Committee</td>
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<tr>
<td>Mini-CEX</td>
<td>Clinical Evaluation Exercise</td>
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<tr>
<td>MCQ</td>
<td>Multiple Choice Question papers</td>
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<tr>
<td>Acronym</td>
<td>Description</td>
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<tr>
<td>MSF</td>
<td>Multi-source Feedback</td>
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<tr>
<td>MRCGP</td>
<td>Membership of Royal College of General Practitioners</td>
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<tr>
<td>NHS</td>
<td>National Health Service</td>
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<tr>
<td>PAD</td>
<td>Patch Associate Dean</td>
</tr>
<tr>
<td>PCT</td>
<td>Primary Care Trust</td>
</tr>
<tr>
<td>PDP</td>
<td>Personal Development Plan</td>
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<tr>
<td>PD</td>
<td>Programme Director (GP) (formerly known as VTS Course Organiser)</td>
</tr>
<tr>
<td>PSQ</td>
<td>Patient Satisfaction Questionnaire</td>
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<tr>
<td>QAWG</td>
<td>Quality Assurance Working Group</td>
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<tr>
<td>NRO</td>
<td>National GP Recruitment Office</td>
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<tr>
<td>RCGP</td>
<td>Royal College of General Practitioners</td>
</tr>
<tr>
<td>RTG</td>
<td>Run Through Grade</td>
</tr>
<tr>
<td>SEGPR1</td>
<td>Finance Form for trainees employed by Single Employer Acute Trust</td>
</tr>
<tr>
<td>TSC</td>
<td>Trainer Selection Committee</td>
</tr>
<tr>
<td>WTE</td>
<td>Whole Time Equivalent</td>
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<tr>
<td>WPBA</td>
<td>Workplace Based Assessment, the evaluation of a doctor’s progress over time in their performance in those areas of professional practise best tested in the workplace</td>
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